DESTINATION SPAS

These places offer life-changing experiences for intrepid, feel-good travellers, from jungle yoga and beachside anti-ageing to Ayurvedic diets and no-holds-barred cleansing and fasting. The white-coated team at Clinique La Prairie scored highest for their range of treatments, and state-of-the-art Villa Stèphanie

its medically assured programmes. But few places take your health more seriously than Austria's The Original FX Mayr Health Center.

in Germany was right up there for

where the excellent therapists and sleep-inducing rooms helped it zoom to the number one slot, up from second place last year.

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- 1 THE ORIGINAL FX MAYR HEALTH CENTER. **AUSTRIA** 91.50
- 2 Villa Stèphanie, Brenners Park-Hotel & Spa. Baden-Baden, Germany 90.69 3 Clinique La Prairie,
 - Switzerland 89.28
- 4 Espace Henri Chenot, Palace Hotel Merano, Italy 88.91
- 5 Chiva-Som, Hua Hin, Thailand 87.39
- 6 COMO Shambhala Estate. Ubud, Bali 85.65
- 7 Cal-a-Vie Health Spa.
- California, USA 85.48 8 Ananda in the Himalayas.
- India 84.71
- 9 Park Igls, Austria 83.89
- 10 Vana, India 83.52
- 11 SHA Wellness Clinic, Alicante, Spain 82.30



READERS' TRAVEL AWARDS 2017

THE WORLD'S TOP 100



- ORIENTAL, BANGKOK 93.68
 Six Sernes
 Doune Velley 93.65
 Greek Islands 93.18
 The Oberei Udaivilas, Udaipur, India 92.65
 Balearic Islands 92.61
 Auberge du Soleil, Napa Valley, California, USA 92.38
 Cheval Blanc St-Barth Islands France
- Isle de France, St Barth's 92.23 Le Bristol Paris 92.09 9 Taj Lake Palace Hotel, Udaipur, India 91.81 10 The Original FX Mayor Health Center,
- Austria 91.50 11. Edon Rock St Barths
- Mexico 89.94 24 The Leela Goa, India 89.91 25 The Spa, Royal Mansour, Marrakech 89.68

Thailand 90.37 19 Koh Samui 90.36 20 Singita Sabi Sand, Seuth Africa 90.28

- 50 Text Capit Palace
 180.96 Per Special Section
 180.97 Per Special Section
- 87.57 43 The Peninsula Hong Kong 87.42 44 Malta 87.40 45 Chiva-Som, Hua Hin, Thailand 87.39 23 Barryan Tree Mayakoba,
 - 46 Six Senses Spa, Six Estate, Ubud, Ball 46 Six Senses Spa, Six Senses Zighy Bay Resort, Oman 87:37 47 Censervatorium Hotel, Amsterdam 87:22 48 USA 87:16 49 Herb House, Lime Weod, Hampshire 96:83 85.65 70 Cal-a-Vie Health Spa, California, USA 85.48 71 Holland America Line

- 50 Inser-Commental Bors Bors Resort & Thalases Spa, Fench Polymeis 86.70 52 The St Rogis Bors Bors Resort, Fench Polymeis 30.60 53 Feur Sessions Hotel Ferram, Romone 86.51 54 One-80-47 The Palm, Dubal 86.45 55 Paris 96.40
- 55 Paris 86.40 56 Montpeller Plantation & Beach, Nevis, West Indies 85.39 57 France 86.31 27 France (8).31 51 Valler (Bass Alheles, 18) 51 Spain (6), 12 52 Spain (6), 12 53 Spain (6), 12 54 Spain (6), 12 55 Spain (6), 12 58 Hötel Plaza Athénée,
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 - 91 The Spa at Coworth Park, Berkshire 84.46 92 Seabourn Cruise Line
 - 93 Crystal Cruises 84.43 94 Glasgow 84.39 95 The Beverly Hills Hotel, Los Angeles 84.15 96 Mandarin Oriental,

HOW OUR QUESTIONNAIRE PRODUCED YOUR 'BEST OF THE BEST' LIST

Control Control Face Control Fa